

A photograph of Uluru, a large sandstone rock formation in Australia, during sunset. The sky is a deep orange and red, and the rock is silhouetted against the bright light. The foreground is dark and rocky.

One Voice

at the

Heart of Australia

The Australian Siddha Yoga Community & Friends

Contents

- **"I Am Australia" & "Anandatse Dohi":** *Melbourne Ashram Choir.*
- **"Welcome Song":** *Sydney Ashram Choir (Greg Bryce lead vocals).*
- **"I Know I Am":** *Jacqui Murphy, Anatole Kononewsky, Samantha Czabania
(On behalf of Sydney & Melbourne Ashramites).*
- **"At the Heart of Australia":** *Samantha Czabania, Anatole Kononewsky,
Jacqui Murphy and "One Voice at the Heart of Australia" (Siddha Yoga
Meditation Centres, Ashrams, plus a Chanting and Meditation Group.)*
- **"Lucky Day":** *Sydney Ashram Choir (Greg Bryce lead vocals).*
- **"Feeling at Ease":** *Sydney Ashram musicians and friends of Siddha Yoga.*

"One Voice at the Heart of Australia"

Creative Director/Producer: *Anatole Kononewsky*

Front Cover Photo: *Steve Parish.*

Design & Layout: *Anatole Kononewsky.*

“One Voice at the Heart of Australia”

Over a period of a few weeks, twelve Siddha Yoga Meditation Centres, one Chanting and Meditation Group and the two Siddha Yoga Ashrams joined as “One Voice” to sing “At the Heart of Australia”. (*A song inspired by Gurumayi’s visit to Uluru - a sacred Aborigine site at the centre of Australia.* (†)) This song is part of a CD created for Gurumayi’s Birthday containing songs performed for Gurumayi during her visit to Australia.

The songs on the CD include an adaptation of “I Am Australia” (a Bruce Woodley song) with two original verses written especially for Gurumayi and performed for her at the Melbourne Concert Hall. The “Welcome Song” was performed at the Sydney Convention Centre, Darling Harbour for Gurumayi’s visit to Sydney. “I Know I Am” was performed for Gurumayi at the Sydney Siddha Yoga Meditation Ashram by Sydney and Melbourne Ashramites. The song “At the Heart of Australia” was written after the tour and provided a perfect platform for linking Australia as “One Voice”.

In a wonder-filled process of “connectedness” each of the centres had a direct, telephone link-up with the Sydney Ashram during their Satsang programs. The Project was explained to everyone and the song, “*At the Heart of Australia*” was sung over the speaker-phone in its fullness, “live”. Then the centres, ranging from 8 to 40 people, sang the chorus back through the phone -- *very moving, inspiring and heart-warming!*

Everyone truly experienced the “fullness of their hearts” as they sang across Australia between the centres and Ashrams.

Each Centre and Ashram then recorded the last chorus of the song at their individual locations and returned the tapes to the Sydney Ashram. The recording of this song contains the *love & energy* from the hearts of devotees from centres and Ashrams around Australia. The song will also be taken to Uluru by a devotee during the time of Guru Purnima to be played to the “Heart of Australia” as well.

“Lucky Day” was written after the Global Satellite Intensive in May. The CD also includes a musical mix called “Feeling at Ease” especially for the 1997 Global Conference.

All in all, a unified, joyous and love-filled production from Australian in honour of our beloved Gurumayi’s birthday!

Sadgurunath Maharaj Ki Jay

(†) Uluru is a huge rock, 3.6 kilometres in length and rises 348 metres from the surrounding plain. The group of rounded rocks known as Kata Tjuta, which translates as “mighty heads” lie thirty two kilometres to the west of Uluru.

“I Am Australia”

Adapted from a song written by Bruce Woodley. (Verses 2 & 3 written by Markandeya Tanner.)

Performed for Gurumayi at the Melbourne Concert Hall.

Verse 1: I came from the Dreamtime from the dusty red soil plain.
I am the ancient Heart, the Keeper of the Flame.
I am the rock, I am the sky the rivers when they run,
The spirit of this great land, I am Australia.

Chorus: We are one and we are many and
from all the lands of earth we come.
We share a dream and sing with one voice
I am, you are, we are Australia.

Verse 2: Now to our sacred land a living saint has come.
She will shine Her light, bless the land,
Shower Grace on everyone. Our hearts are overflowing,
so grateful that you've come, than You Shree Gurumayi,
Welcome to Melbourne!

Chorus

Verse 3: Gurumayi You've left Your love to shine
on our bright and blessed land.
You smiled and laughed, sang the Truth
with the wild and holy land.
The waves of Grace keep flowing,
hidden angels fill the land through Your Grace,
our love is strong, we are linked with Baba's hands.

“Anandatse Dohi”

Anandatse dohi ananda taranga (x2)

Anandachi anga (x2) anandatse (x2)

Produced by
Kumuda MacDougall

Keyboards: Paul Italiano
Acoustic Guitars:
Markandeya Tanner.
Mrdang: Nitin Thorpe

Technical Recording:
Sumitra Phoenix

Recorded live at
Melbourne Siddha Yoga
Meditation Ashram (Australia).

Mastered at
ARTEC Digital Studios.

Melbourne Ashram Choir

Angela Gates.
Bronwen Griffith.
Faye Boyes.
Gajendra Gabrys.
Helen Jones.
Hui-Ling Lim.
Jaiyanti Constantinou.
James Thomson.
Janet Ioannou.
Kokila Meredith.
Kumuda MacDougall.
Markandeya Tanner.
Nishtha Whitbread.
Nitin Thorpe.
Paul Italiano.
Paul Maroney.
Paul McInnes.
Phoenix.
Quentin Bell.
Raj Vasudev.
Siong Tang.
Sumitra Phoenix.

“Welcome Song”

Words & Music by Greg Bryce. Additional lyrics by Pankaja Medow & Paul Harvey. Interlude adapted from “Music for a found harmonium” by Penguin Cafe Orchestra.

Performed for Gurumayi at the Sydney Convention Centre, Darling Harbour.

“Welcome Song”

Chorus:

Welcome to Australia.

We welcome you with love to Sydney and beyond
With open hearts and hands around our golden land.
With open hearts and hands around our golden land.

Verse One

No gift could be greater than your presence here among us.
Our Golden Land is shining ever brighter
with smiles of delight in the sound of your name.
All of our hearts join in one single flame.

Verse Two

Your love brings us together in one heart
to make this world a better paradise.
Thank you so much for coming here to be with us.
We love you Gurumayi.
We love you Gurumayi.

“Lucky Day”

Sagurunath Maharaj Ki Jay. I’m so lucky, I’m so lucky,
Sagurunath Maharaj Ki Jay. *It’s my lucky, lucky day!*

Arranged & Produced by
Greg Bryce & Gary Smith.

Acoustic Guitar: Greg Bryce.
Keyboards: Jim Filshie.
Flute/Drum: Krishna Rigg.
Violins: Caroline Trengove,
Kate Oakley.

**Audio Engineering &
Mixed by:** Gary Smith.

Recorded live at Sydney Siddha
Yoga Meditation Ashram.

Mastered at
ARTEC Digital Studios.

SYDNEY ASHRAM CHOIR

Choir Leader: Gary Smith.

Lead Vocals
Greg Bryce.

Samantha Czabania.
Kim Hillas.
Tejasi Troll De Nier.
David Connelly.
Robin Clifton
Neelima George.
Penny Townley.
Bill Diver.
Maxine Rennie.
Susan Hayward.
Kate Rowe.
Pankaja Medow.
Paul Harvey.
Julie Read.
Satyaprem Gibson.
Tony Williamson.

"I Know I Am"

Words & Music by Anatole Kononewsky, written especially for Gurumayi.

Performed by Sydney & Melbourne Ashramites for Gurumayi at the Sydney Siddha Yoga Meditation Ashram.

Spoken: *Close your eyes...* Imagine yourself in Gurudev Siddha Peeth,
sitting on Tapovan. It's early evening and there's a light, gentle,
warm breeze blowing with a full moon shining brightly up above.

Verse 1: The whisper of the wind, *caressing your hair...*
The fragrance of your warmth, Surrounds my senses in the night,
As I'm standing in the light, And the moon is shining bright.

Chorus: There is something that I can't explain,
My love grows stronger when I call your name.
My heart just opens and I know I am,
Everything that you say I am.

Verse 2: The sparkle in your eyes, *reflecting my gaze...*
The softness of your touch, As your eyes melt into mine,
I know I'm running into time, Cause I know that I can't hide...

Chorus

Bridge: If the clouds grow dark and it rains,
I think of you and call your name.
If I'm in doubt and don't know what to do,
I know your love will see me through...

Chorus

Verse 1 Repeat.

Chorus

Reprise: *My heart just opens and I know I am,
Everything that you say I am.*

Produced by

Anatole Kononewsky
& Kevin Bennett

Acoustic Guitars:

Anatole Kononewsky
& Kevin Bennett.

Acoustic Bass: Leonard Samperi.

Violin: Caroline Trengove.

Cello: Roger Holtom.

Piano: Jim Filshie.

Sticks: Samantha Czabania.

Tambourine: Jacqui Murphy.

Shaker: Anatole Kononewsky.

Audio Engineering &

Mixed by: Stuart Sheldon.

*Recorded & Mastered at
ARTEC Digital Studios.*

Vocals

Jacqui Murphy.
Anatole Kononewsky.
Samantha Czabania.

*on behalf of all the
Sydney & Melbourne
Ashramites then and now:*

Gail James.
Lynne Evans.
Toni Horsley.
Leanne Scandurra.
Rebecca de Regt.
Chris Kay.
Heather Jeffcoat.
Brigid Ewer.
Satyaprem Gibson.
Deanne Francis.
Jaiyanti Constantinou.
Paul McInnes.
Megan Bird.
Suzy Pellham Thorman.
Desmond Edwards.

Harmonies Arranged by
Anatole Kononewsky

“At the Heart of Australia”

Words & Music by Anatole Kononewsky

Inspired by Gurumayi's visit to Uluru & Kata Tjuta.

Verse 1: At the heart of Australia, *I feel the love of the Guru.*
At the heart of the Guru, *I feel the love of Australia.*

Chorus: When your heart is so full, and you're feeling good.
Reach for the stars, and hold them in your arms,
And know the fullness of your heart.

Verse 2: See yourself in the Guru, *just become who you are.*
Know the one and the other, *are one and the same.*

Chorus Repeat

Bridge: Our golden land awakened with the light.
Seeing destiny come into sight. There's no limit to fullness,
as we start seeing our newness, Coming down from above.
Our sacred golden land is filling with love.

Chorus Repeat

Verse 3: At the heart of Australia, *I feel the love of the Guru.*
At the heart of the Guru, *I feel the love of Australia.*

Chorus: When your heart is so full, and you're feeling good.
Reach for the stars, and hold them in your arms,
And know the fullness of your heart.

And know the fullness of your heart.

Produced by

Anatole Kononewsky
& Kevin Bennett.

Acoustic Guitars:

Anatole Kononewsky
& Kevin Bennett.

Bass: Leonard Samperi.

Tabla, Dholak, Perc: Karma Chapra.

Shakers: Anatole Kononewsky

Clapping: Jacqui Murphy, Samantha
Czabania & Anatole Kononewsky.

Keyboards: Jim Filshie.

Audio Engineering &

Mixed by: Stuart Sheldon.

Recorded at ARTEC Digital and
Siddha Yoga Meditation Centres &
Ashrams throughout Australia.

Mastered at

ARTEC Digital Studios.

Lead Vocals

Samantha Czabania.
Anatole Kononewsky.
Jacqui Murphy,

Background Vocals:

Adelaide SYMC
Armidale SYMC
Ballarat SYMC
Bayside SYMC
Cairns SYMC
Canberra SYMC
Darwin SYMC
Kalamunda C&MG
Melbourne SYMA
Perth SYMC
Riverland SYMC
Sydney SYMA
Townsville SYMC

SYMA: Siddha Yoga Meditation Centre.
SYMA: Siddha Yoga Meditation Ashram.
C&MG: Chanting & Meditation Group.

Harmonies Arranged by
Anatole Kononewsky.

“Feeling at Ease”

Music by Anatole Kononewsky.

A musical mix of “I Know I Am”, especially for the 1997 Global Conference.

Produced by Anatole Kononewsky.

Acoustic Guitars: Anatole Kononewsky & Kevin Bennett.

Acoustic Bass: Leonard Samperi.

Violin: Caroline Trengove.

Cello: Roger Holtom.

Piano: Jim Filshie.

Sticks: Samantha Czabania.

Tambourine: Jacqui Murphy.

Shaker: Anatole Kononewsky.

Audio Engineering & Mixed by: Stuart Sheldon.

Recorded & Mastered at ARTEC Digital Studios.

