

22 June 2016



Dear Gurumayi

I have included a Special Birthday Gift called "Baba's last wish!" in celebration of Baba Muktananda's 108th Birthday. It is a special "Musical Offering" of the songs/lyrics written, performed and/or presented to you during the period 1997 to 2016.

Some of the songs involved the Siddha Yoga Ashrams, Centres and Chanting & Meditation Groups around Australia, plus Siddha Yoga families and individuals.

They include the song, 'I Know I Am' performed for you the Ashram residents on the 25th March 1997 at the Sydney Ashram in Australia. All the way through to the unique major production last year called, 'Once Voice from the Heart of Australia', involving the Siddha Yoga Community from around Australia.

The songs are

1. Introduction "Topovan"
2. "I know I Am"
3. "At the Heart of Australia"
4. "Feeling at Ease" (Lyrics/ Poems, including "Baba's last wish!")
5. "We Become Everything"
6. "Wake up to your Self"

REPRISE: "One Voice from the Heart of Australia" (Darbari Raga)

"Move 10 Stillness"

After you received the Birthday Gift in 2015 a copy of the Gift was sent on a Praddakshina Journey to ALL the designated Siddha Yoga destinations, as promised to everyone back in April 2015 on our first National Conference Call when preparing for the Gift.

Everyone around Australia shared in the gift and enjoyed its blessings directly on its easeful journey around Australia. It started its journey on the 22 July 2015 at Alice Springs and ended its journey on 6 May 2016 at the Heart of Australia.

The blessings and bliss of the Birthday Gift continued for the entire year.

A special Finale was held on 22 May 2016.



The Birthday Gift then travelled more than 20,000kms to the locations below. It ended its Pradaksina Journey today back at the heart of Australia in Alice Springs on 6 May 2016. This was monitored and nurtured along via a special webpage that showed its journey as it progressed around Australia during the year (See attached.)

"Pradakshina Journey" Around Australia

1. Alice Springs, Northern Territory.
2. Chanting & Meditation Group in Noonamah, Northern Territory.
3. Chanting & Meditation Group in Cairns, Queensland.
4. Siddha Yoga Meditation Centre in Townsville, Queensland.
5. Chanting & Meditation Group in the Gold Coast, Queensland.
6. Chanting & Meditation Group in Ocean Shores, New South Wales.
7. Chanting & Meditation Group in Coffs Harbour, New South Wales.
8. Chanting & Meditation Group in Armidale, New South Wales.
9. Siddha Yoga Ashram in Sydney, New South Wales.
10. Siddha Yoga Meditation Centre in Canberra, Australian Capital Territory.
11. Siddha Yoga Ashram in Melbourne, Victoria.
12. Chanting & Meditation Group in Hobart, Tasmania.
13. Chanting & Meditation Group in Ballarat, Victoria.
14. Chanting & Meditation Group in Bung Bong, Victoria.
15. Chanting & Meditation Group in Willunga, South Australia.
16. Chanting & Meditation Group in Adelaide, South Australia.
17. Siddha Yoga Meditation Centre in Busselton, Western Australia.
18. Siddha Yoga Meditation Centre in Perth, Western Australia.
19. "Heart of Australia" - Alice Springs.

Connection & Engagement

The response of all the Ashrams, Centres and CMG's was so joyful, wonderful and enthusiastic — a demonstration of love in action — it generated a precious connection and engagement as a result of their creative expression from the Heart of Australia.

Everyone loved the feeling of connecting and engaging with others that directly related to something they ALL had participated in creating together!

Gratitude Book

During its journey around Australia there was a "Gratitude Book" spontaneously created by everyone provided n opportunity for everyone to share their creativity, love, joy and gratitude.

FINALE - 22 May 2016

As a final gesture, the Birthday Gift and Gratitude Book were energetically offered to the Heart of Australia — Uluru. This was done by a Siddha Yogi singing the Guru Gita in Alice Springs on Sunday 22 May 2016 live at 7.30am (Northern Territory Time - 8.00am AEST). *She sang the 'Song of the Guru' on behalf of 'One Voice from the Heart of Australia'.*

We invited others to sing the Guru Gita at this time from wherever they were in Australia OR simply send your blessings. (The 22 May 2015 was the day that the National Management Team approved the final Birthday Gift. You also surprised me on this day with a phone call on your behalf, thanking me for the DVD Birthday Gift I sent in 2012 regarding the Australian Chanting Tour.)

We connected with her by singing the Guru Gita at the same time in the Melbourne Ashram. Siddha Yogi's also offered the Guru Gita in the Manhattan Ashram in the USA. (Others around Australia may have also sang the Guru Gita for the offering.)

A FITTING COMPLETION TO AN EPIC JOURNEY.

Sadgurunath Maharaj Ki Jay!

Much love,



Anatole Kononewsky