

Happy Birthday Gurumayi

Happy Birthday Gurumayi

“Baba’s last wish!”



A Musical Offering (1997 to 2016)

In Celebration of Baba Muktananda’s 108th Birthday



Overview

The Birthday Gift is a special “Musical Offering” of the songs/lyrics written, performed and/or presented to Gurumayi during the period 1997 to 2016.

Some of the songs involved the Siddha Yoga Ashrams, Centres and Chanting & Meditation Groups around Australia, plus Siddha Yoga families and individuals.

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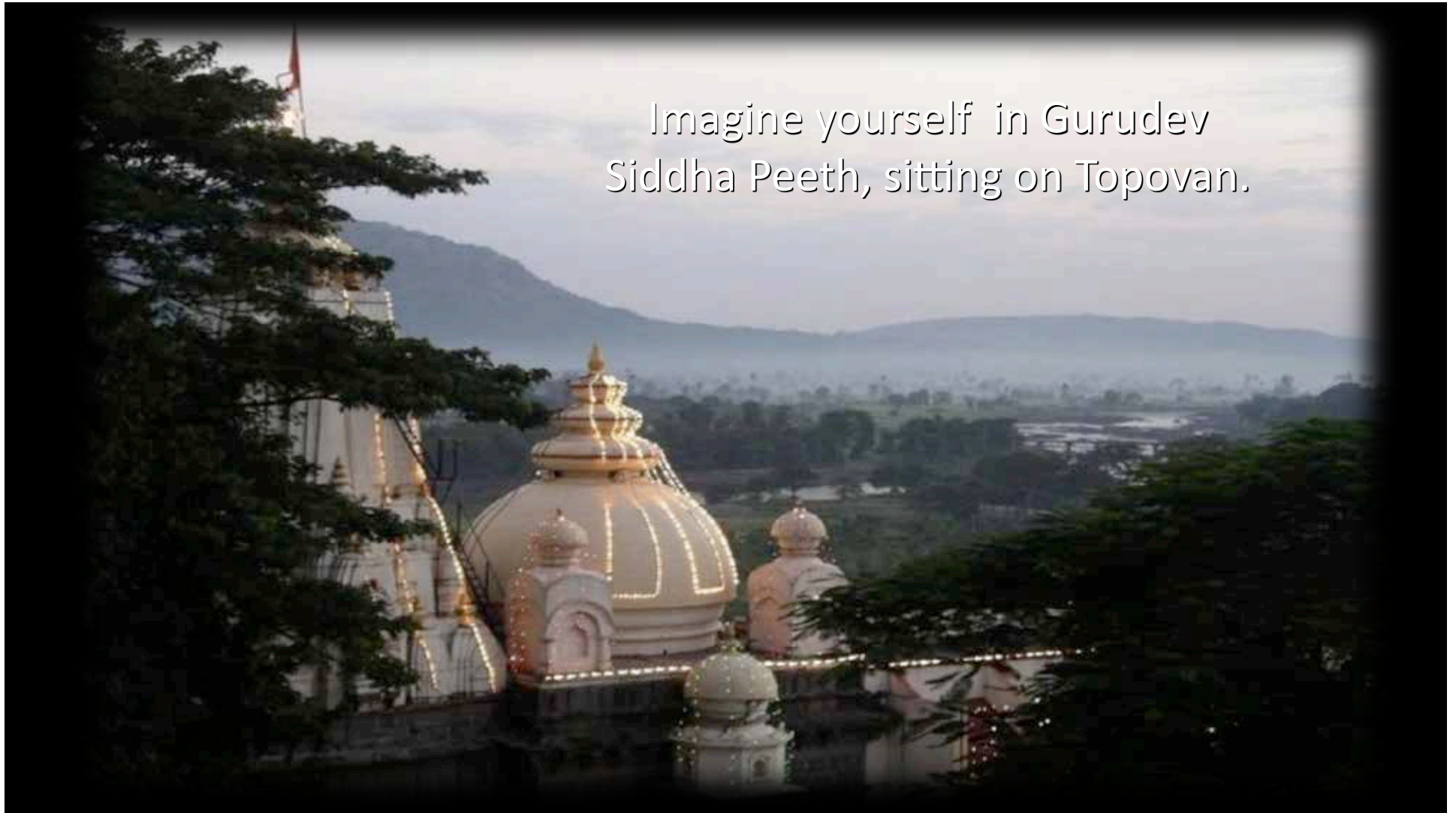
The songs are:

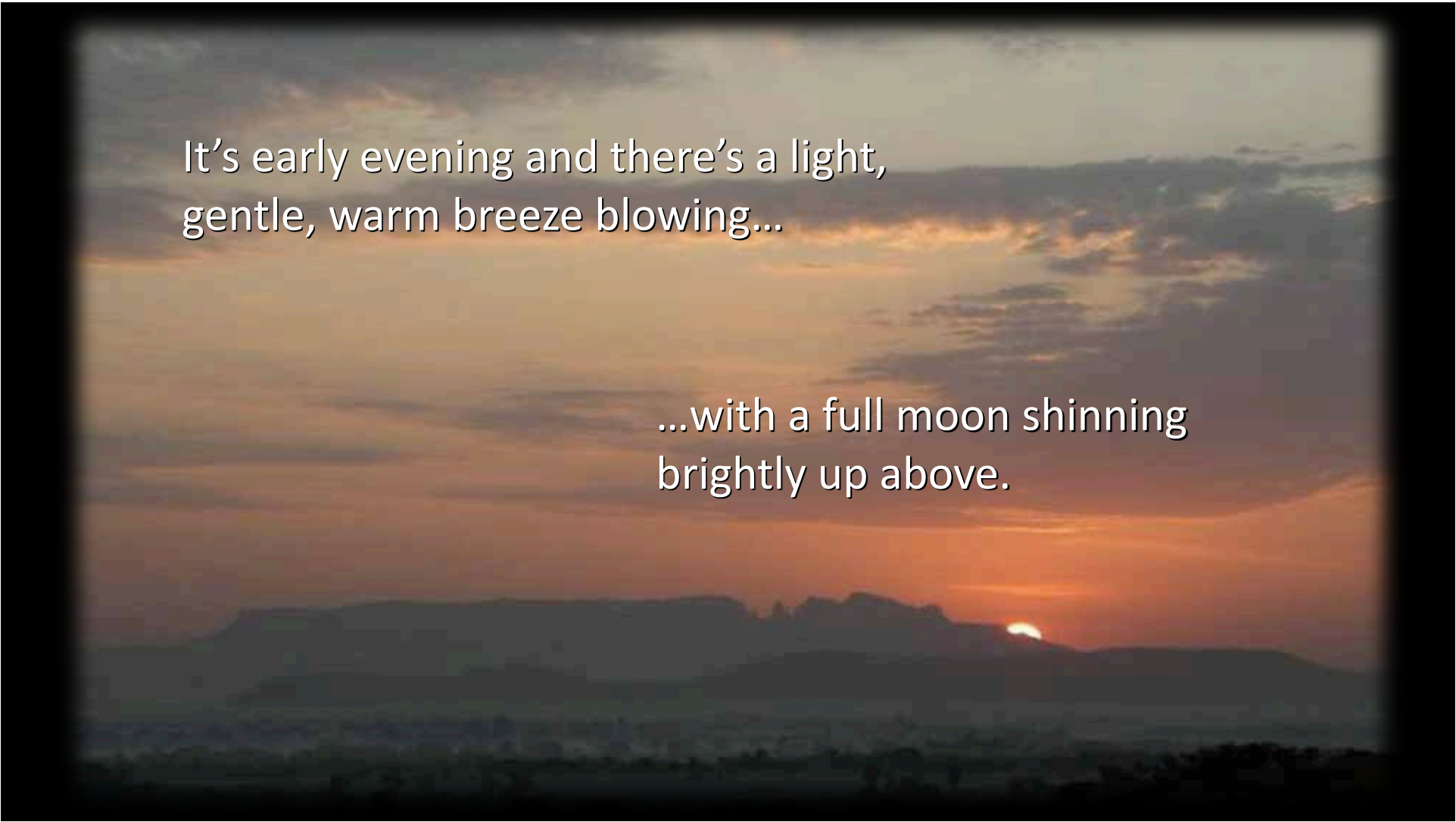
1. Introduction "Topovan"
2. "I know I Am"
3. "At the Heart of Australia"
4. "Feeling at Ease" (Lyrics/ Poems, including "Baba's last wish")
5. "We Become Everything"
6. "Wake up to your Self"

REPRISE: "One Voice from the Heart of Australia" (Darbari Raga)

"Move 10 Stillness"

Imagine yourself in Gurudev
Siddha Peeth, sitting on Topovan.





It's early evening and there's a light,
gentle, warm breeze blowing...

...with a full moon shining
brightly up above.

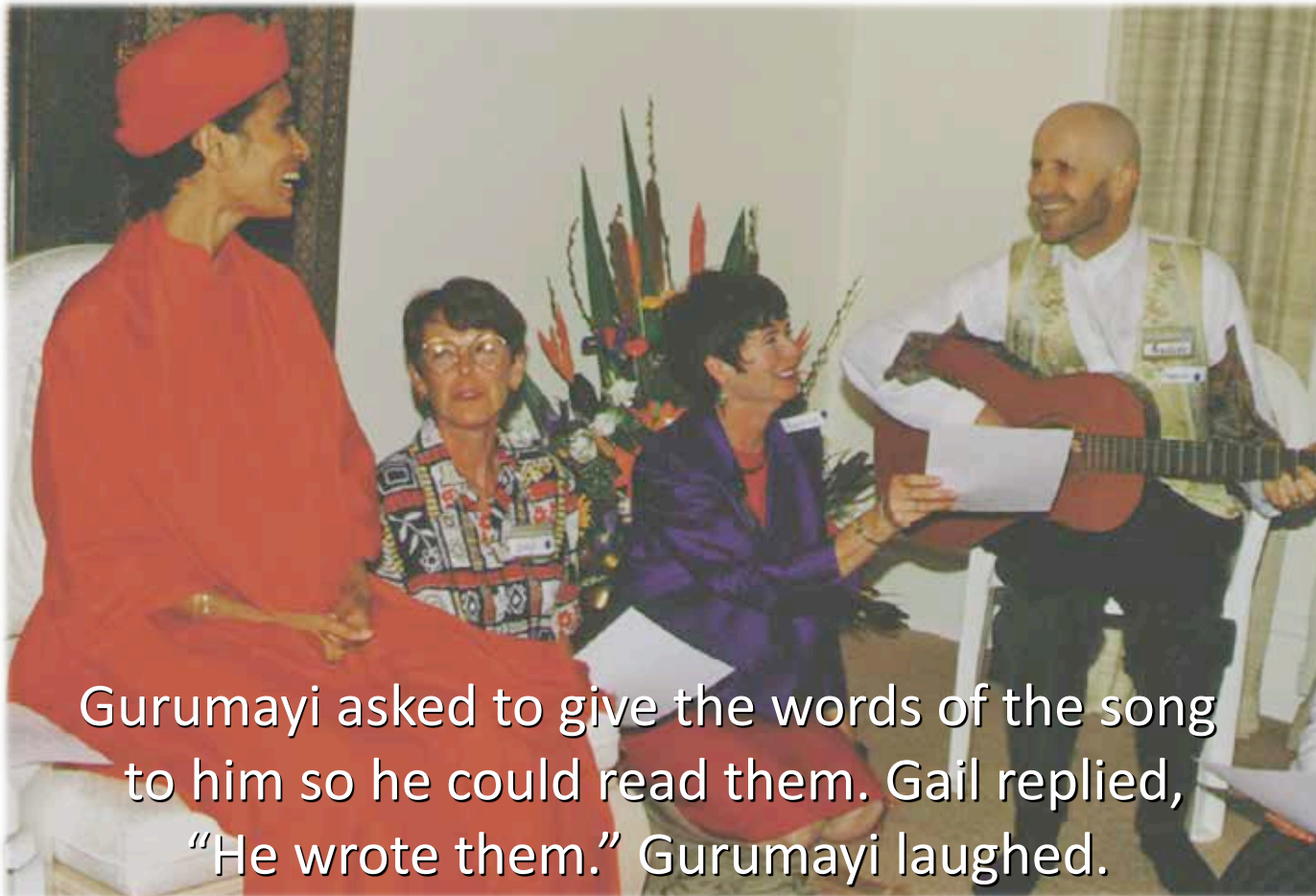


“I Know I am”

Inspired by Gurumayi's visit to Siddha Yoga
Ashram in Sydney, 25th March 1997

The Ashram Residents performed the
song in a Darshan with Gurumayi.

The song had been especially
composed for Gurumayi.



Gurumayi asked to give the words of the song to him so he could read them. Gail replied, "He wrote them." Gurumayi laughed.



“The sparkle in your eyes, reflecting my gaze,
The softness of your touch, as your eyes melt into mine,
I know I’m running into time, Cause I know that I can’t hide.”



After her visit Gurumayi
left the ashram through
the front garden.



Gurumayi made a surprise visit on the 1st April 1997.
During the satsang she asked for the Song to be played again.





“The whisper of the wind, caressing your hair...
The fragrance of your warmth, surrounds my senses in the night,
As I’m standing in the light, and the moon is shining bright.”

"I Know I Am"

Words & Music by Anatole Kononewsky, written especially for Gurumayi.

Performed by Sydney & Melbourne Ashramites for Gurumayi at the Sydney Siddha Yoga Meditation Ashram.

Spoken: Close your eyes... Imagine yourself in Gurudev Siddha Peeth,
sitting on Tapovan. It's early evening and there's a light, gentle,
warm breeze blowing with a full moon shining brightly up above.

Verse 1: The whisper of the wind, *caressing your hair...*
The fragrance of your warmth, Surrounds my senses in the night,
As I'm standing in the light, And the moon is shining bright.

Chorus: There is something that I can't explain,
My love grows stronger when I call your name.
My heart just opens and I know I am,
Everything that you say I am.

Verse 2: The sparkle in your eyes, *reflecting my gaze...*
The softness of your touch, As your eyes melt into mine,
I know I'm running into time, Cause I know that I can't hide...

Chorus

Bridge: If the clouds grow dark and it rains,
I think of you and call your name.
If I'm in doubt and don't know what to do,
I know your love will see me through...

Chorus

Verse 1 Repeat.

Chorus

Reprise: My heart just opens and I know I am,
Everything that you say I am.

Produced by
Anatole Kononewsky
& Kevin Bennett

Acoustic Guitars:
Anatole Kononewsky
& Kevin Bennett.

Acoustic Bass: Leonard Samperi.

Violin: Caroline Trengove.

Cello: Roger Holton.

Piano: Jim Filshie.

Sticks: Samantha Czabania.

Tumbourine: Jacqui Murphy.

Shaker: Anatole Kononewsky.

**Audio Engineering &
Mixed by:** Stuart Sheldon.

Recorded & Mastered at
ARTEC Digital Studios.

Vocals

Jacqui Murphy.
Anatole Kononewsky.
Samantha Czabania.

*on behalf of all the
Sydney & Melbourne
Ashramites then and now:*

Gail James.
Lynne Evans.
Toni Horsley.
Leanne Scandurra.
Rebecca de Regt.
Chris Kay.
Heather Jeffcoat.
Brigid Ewer.
Satyaprem Gibson.
Deanne Francis.
Jaiyanti Constantinou.
Paul McInnes.
Megan Bird.
Suzy Pellham Thorman.
Desmond Edwards.

Harmonies Arranged by
Anatole Kononewsky

From "One Voice at the Heart of Australia" Birthday Presentation to Gurumayi, 1997



*“There is something that I can’t explain,
My love grows stronger when I call your name.
My heart just opens and I know I am,
Everything that you say I am.”*



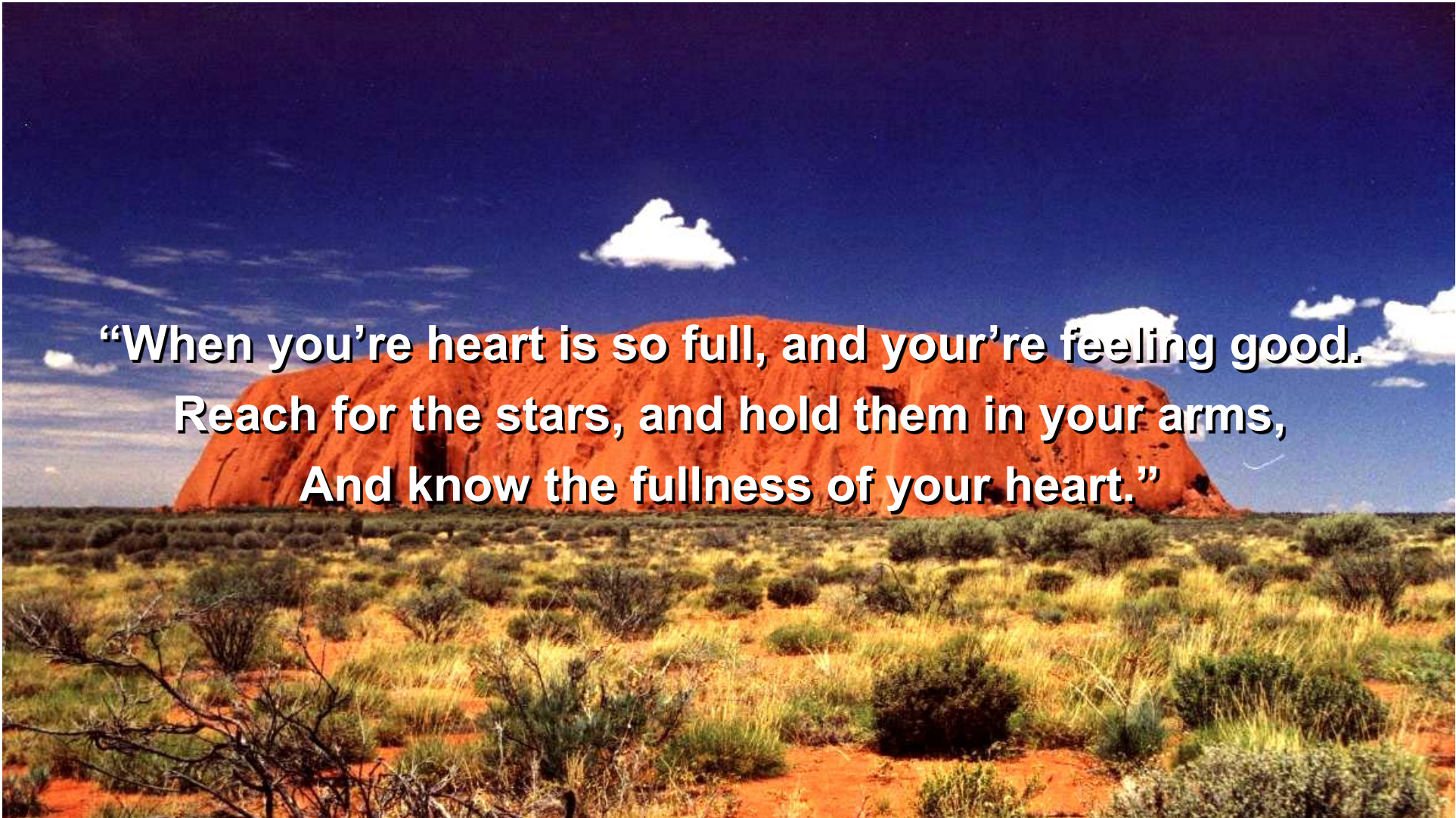
“At the Heart of Australia”

Composed on 10th April 1997, inspired by Gurumayi's visit to Uluru and Kata Tjuta.

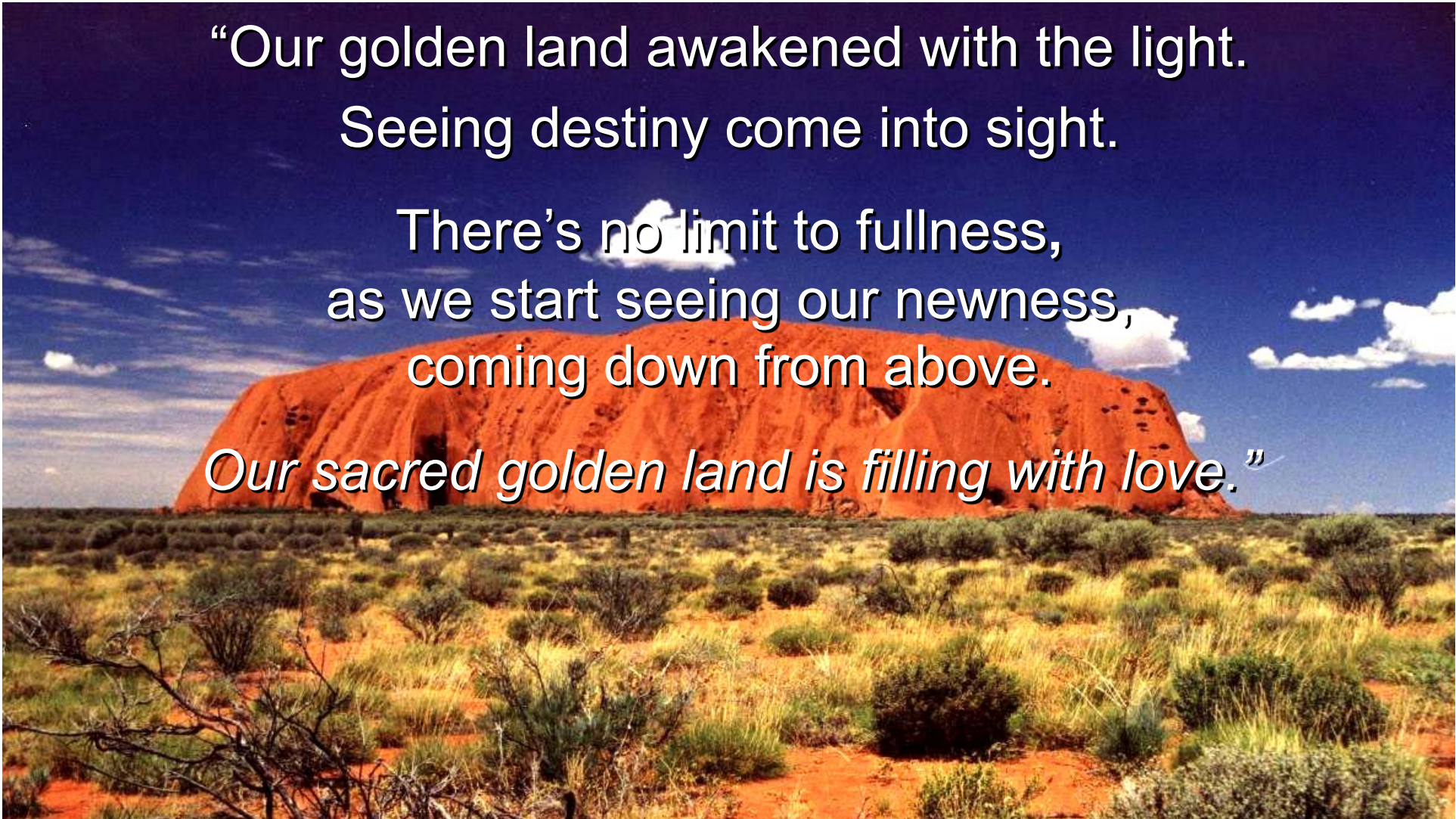
The Siddha Yoga Community in Australia sung the chorus. This was included in the recording of the song and was especially featured at the end.

The song inspired the creation of a special Australian Birthday Gift for Gurumayi:

“One Voice at the Heart of Australia”.

A photograph of Uluru, a large red sandstone monolith in the Australian Outback. The rock is a vibrant red-orange color and dominates the middle ground. The foreground is filled with sparse, low-lying desert vegetation, including green shrubs and dry, yellowish grasses, growing on red soil. The sky is a deep, clear blue with a few scattered white clouds. The text is overlaid on the image, centered horizontally and positioned in the upper half of the frame.

**“When you’re heart is so full, and your’re feeling good.
Reach for the stars, and hold them in your arms,
And know the fullness of your heart.”**

A photograph of Uluru, a large red sandstone rock formation in the heart of the Northern Territory of Australia. The rock is a vibrant red color and is surrounded by a dry, arid landscape with sparse green and yellow shrubs. The sky is a deep blue with a few white clouds. The text is overlaid on the image in a white, serif font with a black outline.

“Our golden land awakened with the light.
Seeing destiny come into sight.

There’s no limit to fullness,
as we start seeing our newness,
coming down from above.

Our sacred golden land is filling with love.”

“One Voice at the Heart of Australia”

In June 1997 we decided to produce a CD for Gurumayi's Birthday.

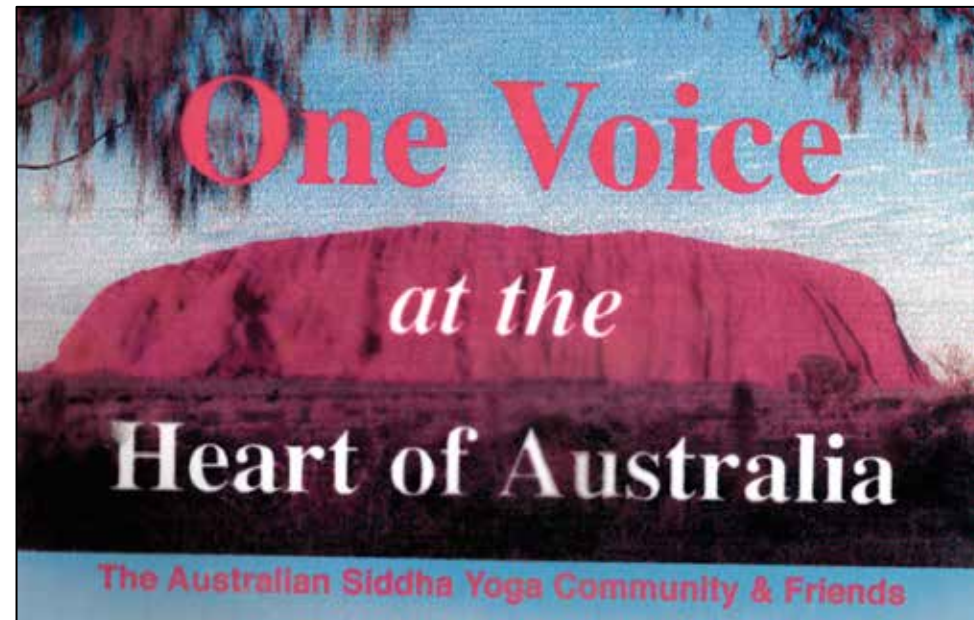
Over a period of a few weeks, twelve Siddha Yoga Meditation Centres, one Chanting and Meditation Group and the two Siddha Yoga Ashrams joined as “One Voice” to sing “At the Heart of Australia”. This song was inspired by Gurumayi's visit to Uluru - a sacred Aboriginal site at the centre of Australia. and the group of rounded rocks known as Kata Tjuta.

In a wonder-filled process of “connectedness”, each of the centres had a direct, telephone link-up with the Sydney Ashram during their Satsang programs. The Project was explained to everyone and the song, “At the Heart of Australia” was sung over the speakerphone in its fullness, “live”. Then the centres, ranging from 8 to 40 people, sang the chorus back through the phone – very moving, inspiring and heart-warming!

Everyone truly experienced the “fullness of their hearts” as they sang across Australia between the centres and Ashrams. Each Centre and Ashram then recorded the last chorus of the song at their individual locations and returned the tapes to the Sydney Ashram. The studio recording of this song contains the love and energy from the hearts of devotees from centres and Ashrams around Australia.

The song was also taken to Uluru by a devotee during the time of Guru Purnima to be played to the “Heart of Australia” as well.





"One Voice at the Heart of Australia"
Birthday Gift from entire Siddha Yoga
Australian Community to Gurumayi, 1997

“At the Heart of Australia”
 Words & Music by Anatole Kononewsky
 Inspired by Gurumayi's visit to Uluru & Kata Tjuta.

Verse 1: At the heart of Australia, *I feel the love of the Guru.*
 At the heart of the Guru, *I feel the love of Australia.*

Chorus: When your heart is so full, and you're feeling good.
 Reach for the stars, and hold them in your arms,
 And know the fullness of your heart.

Verse 2: See yourself in the Guru, *just become who you are.*
 Know the one and the other, *are one and the same.*

Chorus Repeat

Bridge: Our golden land awakened with the light.
 Seeing destiny come into sight. There's no limit to fullness,
 as we start seeing our newness, Coming down from above.
 Our sacred golden land is filling with love.

Chorus Repeat

Verse 3: At the heart of Australia, *I feel the love of the Guru.*
 At the heart of the Guru, *I feel the love of Australia.*

Chorus: When your heart is so full, and you're feeling good.
 Reach for the stars, and hold them in your arms,
 And know the fullness of your heart.
And know the fullness of your heart.

© Copyright Anatole Kononewsky 10 April 1997

Produced by
 Anatole Kononewsky
 & Kevin Bennett.

Acoustic Guitars:
 Anatole Kononewsky
 & Kevin Bennett.

Bass: Leonard Samperi.

Tabla, Dholak, Perc: Karma Chapra.

Shakers: Anatole Kononewsky

Clapping: Jacqui Murphy, Samantha
 Czabania & Anatole Kononewsky.

Keyboards: Jim Filshie.

**Audio Engineering &
 Mixed by:** Stuart Sheldon.

Recorded at ARTEC Digital and
 Siddha Yoga Meditation Centres &
 Ashrams throughout Australia.

Mastered at
 ARTEC Digital Studios.

Lead Vocals
 Samantha Czabania.
 Anatole Kononewsky.
 Jacqui Murphy,

Background Vocals:
 Adelaide SYMC
 Armidale SYMC
 Ballarat SYMC
 Bayside SYMC
 Cairns SYMC
 Canberra SYMC
 Darwin SYMC
 Kalamunda C&MG
 Melbourne SYMA
 Perth SYMC
 Riverland SYMC
 Sydney SYMA
 Townsville SYMC

SYMC: A: Siddha Yoga Meditation Centre.
 SYMA: Siddha Yoga Meditation Ashram.
 C&MG: Chanting & Meditation Group.

Harmonies Arranged by
 Anatole Kononewsky.

“One Voice at the Heart of Australia” Birthday Presentation to Gurumayi, 1997



“Feeling at Ease”

Created for the Birthday Gift in 1997 for Gurumayi:

“One Voice at the Heart of Australia”

(A Musical Mix of the song, “I Know I Am”.)

A Collection of Lyrics/ Poems

Written while staying in Shree Muktananda Ashram at the invitation of Gurumay.
Presented to Gurumayi in 2000 via Swami Krippananda in Gurudev Siddha Peeth.

- 'Pond of Nectar'
- 'Muktanandaya'
- 'Baba's Last Wish'
- 'Stand Near a Fire'
- 'Guru & Disciple'



“Pond of Nectar”

I had a dream. One Golden Heart, One Golden Hand,
Reaching out to One Golden Land.

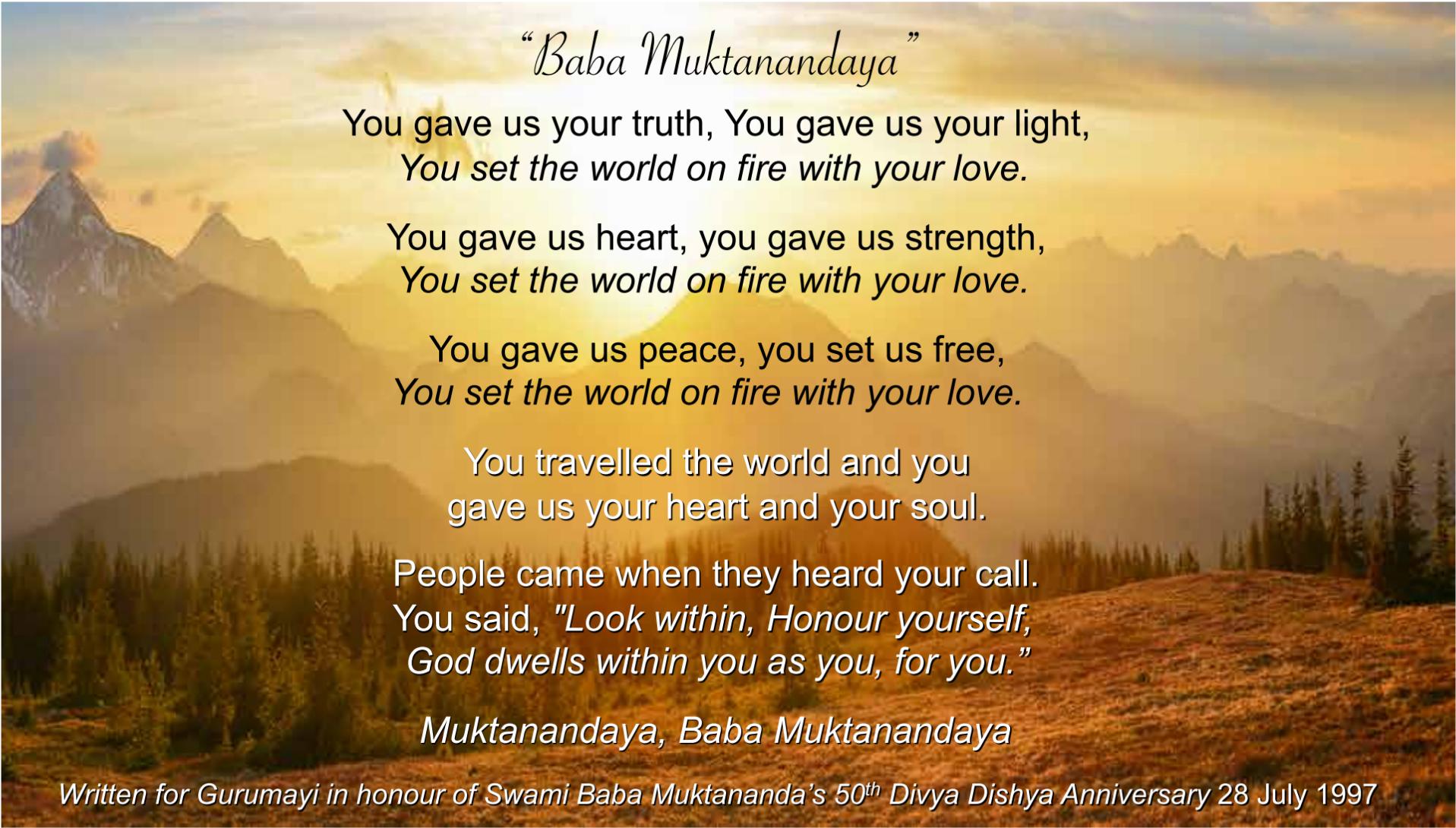
I saw the World, Living in Peace, Filling with Love,
And then my heart filled from above.

Look in your heart, a pond of nectar.
See in your heart, a pond of nectar.

Flowing into One Golden Land.
Flowing into One Golden Love.
Flowing into One Golden Light.

Seeing your dreams come into sight.

Written by Anatole Kononewsky 29 June 1997 (In honour of Bhagavan Nityananda.)



“Baba Muktanandaya”

You gave us your truth, You gave us your light,
You set the world on fire with your love.

You gave us heart, you gave us strength,
You set the world on fire with your love.

You gave us peace, you set us free,
You set the world on fire with your love.

You travelled the world and you
gave us your heart and your soul.

People came when they heard your call.
You said, *"Look within, Honour yourself,
God dwells within you as you, for you."*

Muktanandaya, Baba Muktanandaya

Written for Gurumayi in honour of Swami Baba Muktananda's 50th Divya Dishya Anniversary 28 July 1997



“Baba’s Last Wish!”

Baba's last wish, was to see a world full of saints become a living reality.

There's a light, a bright shinning light. It lives within my heart.

There comes a time, when you ask: Oh Master come into my life,
Remove the darkness from around my heart.

And light my light with your light, Light my light with your light.

It's time to stand up to become the goal.

It takes a little heart to find the courage,
But when it wakes up you know that it's real.

Baba's last wish was to see, a world full of saints become a living reality.

Written for Gurumayi in honour of Swami Baba Muktananda's vision for the world.
Shree Muktananda Ashram, 1 September 1997)



“The Guru & the Disciple”

How do they become
one and the same?
The reason is simple to see.
When you stand near a fire,
You're bound to get warm.

When you stand in
the light of your love,
You set the world on fire.
And the fire in the flame
becomes one and the same.

(Written at Shree Muktananda Ashram, 3 September 1997.)

“Feeling at Ease”

Music by Anatole Kononewsky.

A musical mix of “I Know I Am”, especially for the 1997 Global Conference.

Produced by Anatole Kononewsky.

Acoustic Guitars: Anatole Kononewsky & Kevin Bennett.

Acoustic Bass: Leonard Samperi.

Violin: Caroline Trengove.

Cello: Roger Holtom.

Piano: Jim Filshie.

Sticks: Samantha Czabania.

Tambourine: Jacqui Murphy.

Shaker: Anatole Kononewsky.

Audio Engineering & Mixed by: Stuart Sheldon.

Recorded & Mastered at ARTEC Digital Studios.

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“One Voice at the Heart of Australia” Birthday Presentation to Gurumayi, 1997

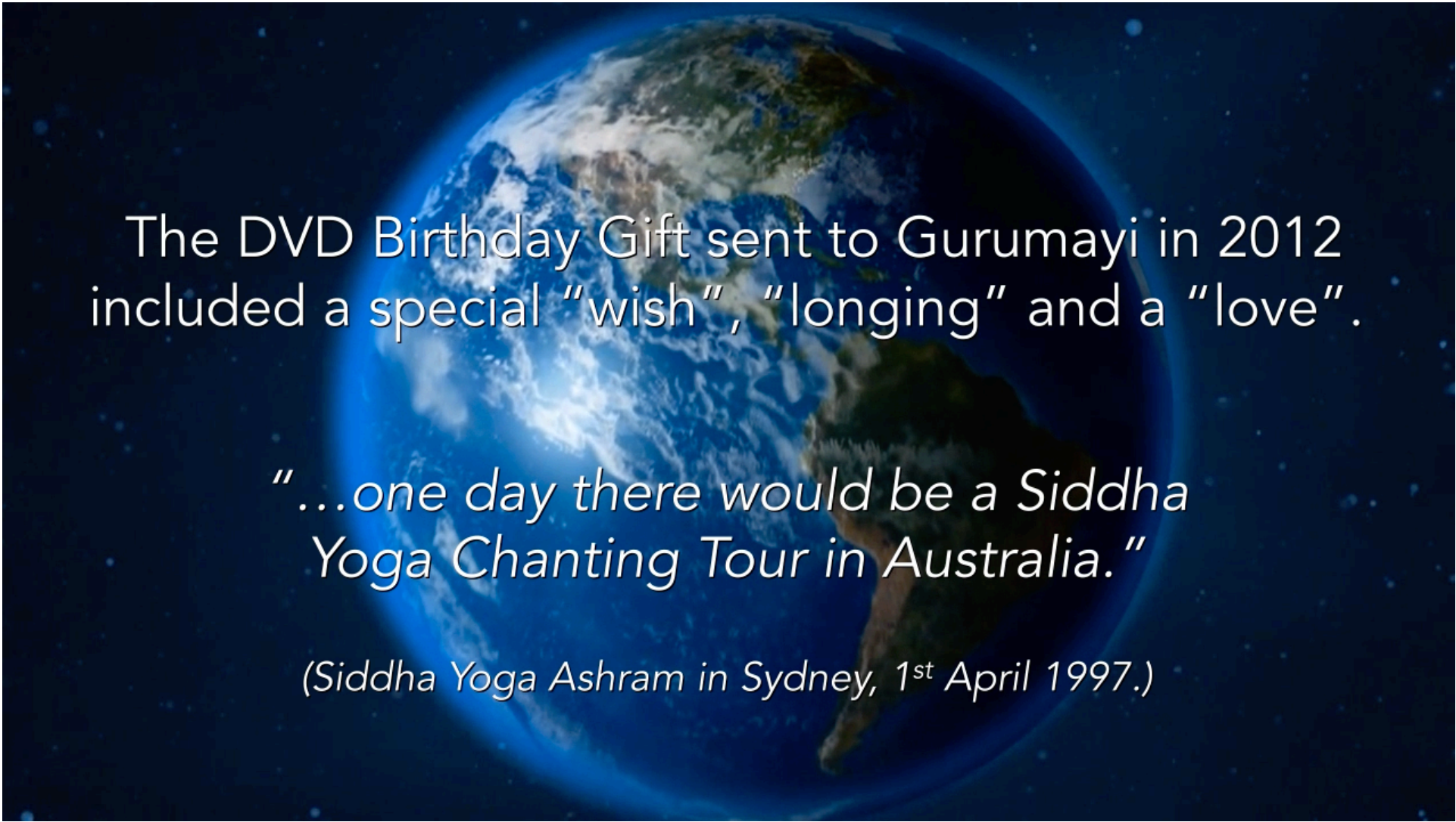




“We Become Everything”

The Song featured in a DVD to Gurumayi
for the 2012 Birthday Bliss Celebrations.





The DVD Birthday Gift sent to Gurumayi in 2012 included a special "wish", "longing" and a "love".

*"...one day there would be a Siddha
Yoga Chanting Tour in Australia."*

(Siddha Yoga Ashram in Sydney, 1st April 1997.)





Dulwich Hill, NSW



Siddha Yoga Ashram, Sydney





In Celebration of Baba Muktananda's 108th Birthday



Happy Birthday Gurumayi
ਅਹਿੰਸਾ ਭਰਪੂਰ ਗੁਰਮਤਿ



In Celebration of Baba Muktananda's 108th Birthday



A wish. A longing A love.

“In the future
there will be
Chanting Tours...”

1st April 1997

*Rough Home
Demo ONLY*

There's a love that whispers with a welcoming warmth,
unfolding in the beauty of knowing,
That serenity waits to be revealed within each one of us.

And in that moment of time, expanded by love,
we become completely one, within the softness,

Of each moment as it gently passes by,
of places where we merge into our Selves.

No limitations we extend beyond ourselves,
we become everything,



“We Become Everything”

© 2006 Juanita Barea and Anatole Petrovich Kononewsky



“Wake up to your Self”

A musical mix of the song,
“At the Heart of Australia” sent to
Gurumayi for her Birthday in 2004.

A celebration of life!



Going beyond our limitations!



A photograph of a white egret in flight over a body of water. The bird is captured mid-flap, with its wings spread wide, showing a mix of white and light brown feathers. Its reflection is visible in the calm water below. The background is a solid, muted grey-blue. The text "Going for it!" is written in a white, elegant script font, centered over the image.

Going for it!

“At the Heart of Australia”





REPRISE

Gurumayi's Birthday Gift 2015

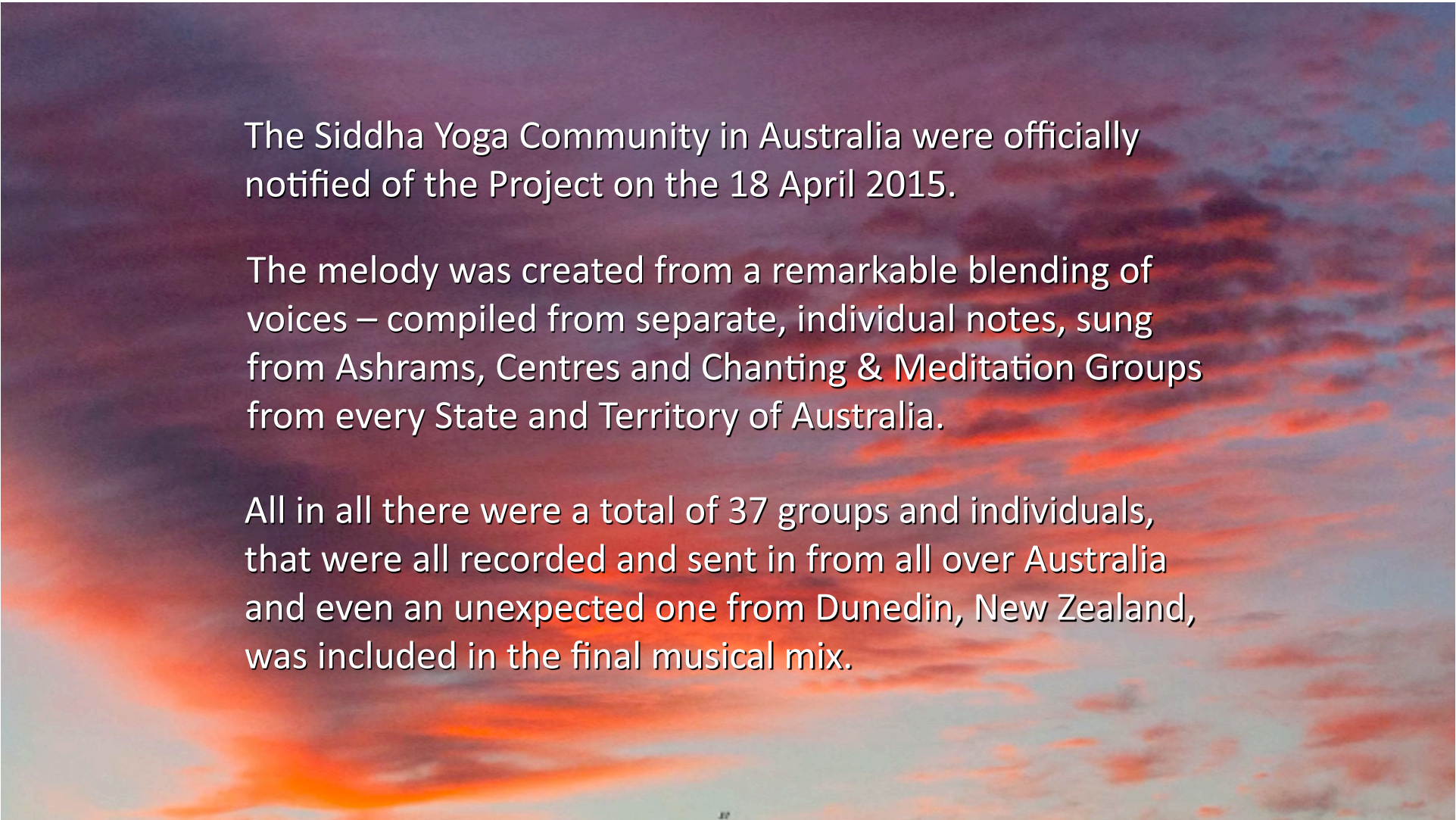
"One Voice from the Heart of Australia"

(DARBARI RAGA)



Happy Birthday, Gurumayi

*‘One Voice from the
Heart of Australia’*



The Siddha Yoga Community in Australia were officially notified of the Project on the 18 April 2015.

The melody was created from a remarkable blending of voices – compiled from separate, individual notes, sung from Ashrams, Centres and Chanting & Meditation Groups from every State and Territory of Australia.

All in all there were a total of 37 groups and individuals, that were all recorded and sent in from all over Australia and even an unexpected one from Dunedin, New Zealand, was included in the final musical mix.

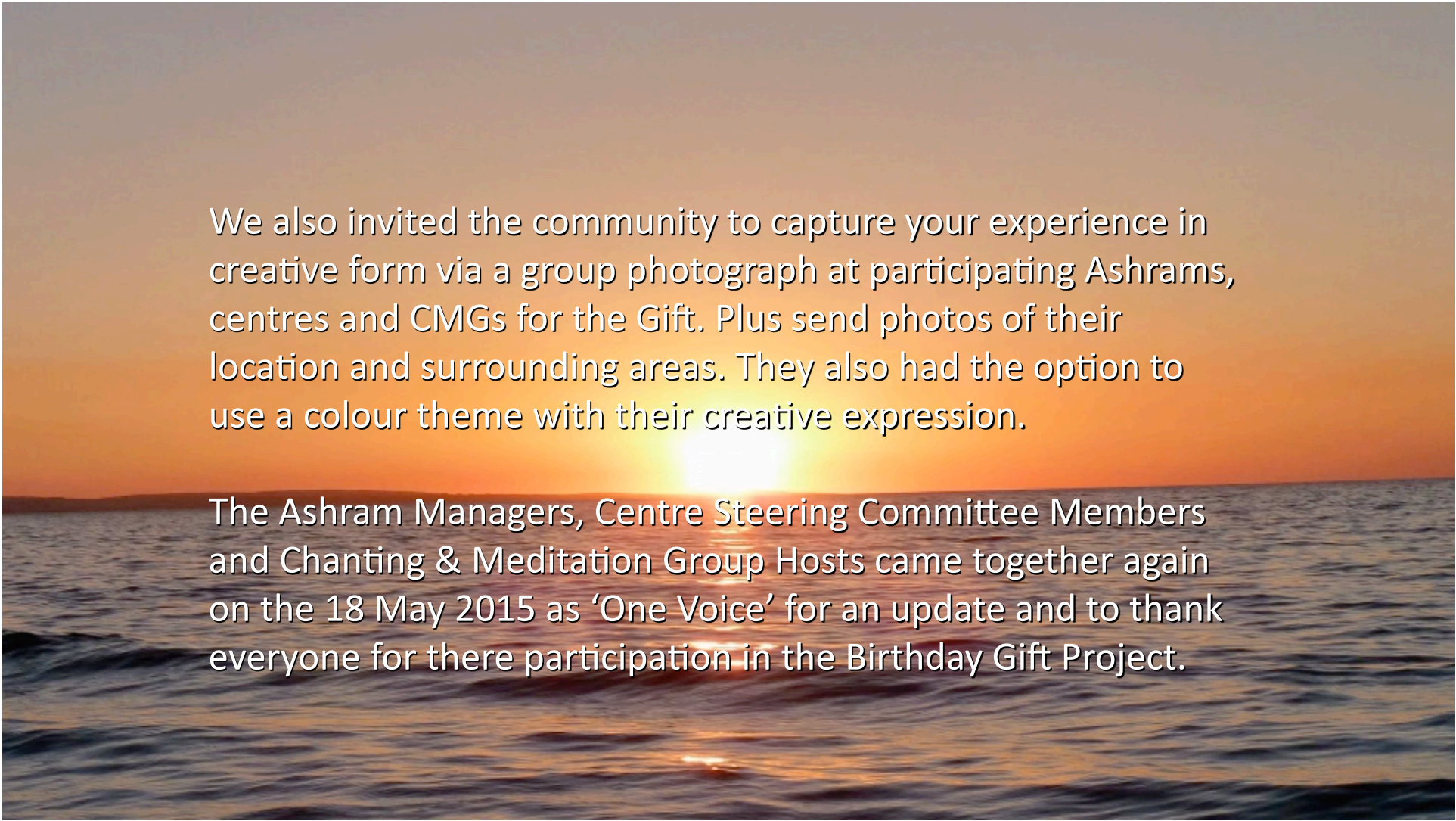
A photograph of Uluru, a large red sandstone rock formation in Australia, under a blue sky with scattered white clouds. The foreground is filled with dry, yellowish-brown grass and some small green shrubs.

A national conference call was organised on the 20 April 2015 to bring all the Ashram Managers, Centre Steering Committee Members and Chanting & Meditation Group Hosts together as 'One Voice'. The objective was to introduce the Birthday Gift Project to them.

We invited the Ashrams, Centres and Chanting & Meditation Groups to come together on the 2 and 3 May 2015 at any of the participating Siddha Yoga communities around Australia.

They came together in the spirit of 'One Voice from the Heart of Australia' to sing and record one musical note of the Darbari raga, for 20 to 30 seconds for each individual State or Territory, plus the syllable 'SA', which occurs at the start & end of the raga.

These individual notes formed the Aroha (Ascending) and Avaroha (Descending) pattern of the Darbari Raga.



We also invited the community to capture your experience in creative form via a group photograph at participating Ashrams, centres and CMGs for the Gift. Plus send photos of their location and surrounding areas. They also had the option to use a colour theme with their creative expression.

The Ashram Managers, Centre Steering Committee Members and Chanting & Meditation Group Hosts came together again on the 18 May 2015 as 'One Voice' for an update and to thank everyone for their participation in the Birthday Gift Project.


Gurumayi's Birthday Gift

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Pradakshina Journey & Finale

(July 2015 to May 2016)



A photograph of the Uluru rock formation in Australia, showing its iconic red sandstone surface and the surrounding dry, grassy landscape under a clear blue sky. The text is overlaid on the image.

After the Birthday Gift was received by Gurumayi, a copy of the Gift was sent on a Prakdakshina Journey to ALL the designated Siddha Yoga destinations, as promised to everyone back in April 2015 on our first National Conference Call when preparing for the Gift.

Everyone around Australia shared in the gift and enjoyed its blessings directly. It started its journey on the 22 July 2015 at Alice Springs and ended it's journey on 6 May 2016 at the Heart of Australia.

A special Finale was held on 22 May 2016.





Gratitude Book

During its journey around Australia there was a “Gratitude Book” spontaneously created by everyone.





FINALE - 22 May 2016

As a final gesture, the Birthday Gift and Gratitude Book were energetically offered to the Heart of Australia — Uluru.

This was done by a Siddha Yogi in Alice Springs singing Shri Guru Gita on Sunday 22 May 2016 live at 7.30am (Northern Territory Time - 8.00am AEST).

‘Song of the Guru’ as ‘One Voice from the Heart of Australia’.





The Pradakshina Journey of the Birthday Gift surrounded Australia with a demonstration of love in action. It was a precious connection and creative expression of One Voice from the Heart of Australia.



Happy Birthday Gurumayi

“Baba’s last wish!”

A Musical Offering (1997 to 2016)

In Celebration of Baba Muktananda’s 108th Birthday

